

Estes Park Senior Center Menus

November 2009

586-2996

Menus Subject to Change

Lunch reservations requested by 1:00 p.m. one day (or more) in advance

Please don't hesitate to call: *Same day and drop in reservations will be accommodated as available*

Senior Center members (any age) = \$4.50 / Non-members (any age) = \$6.50 / Take-out (to-go) lunches

Monday November 2

Stuffed peppers
Corn
Garden salad
Rye bread
Cookies

Monday –November 9

Baked ham
Au gratin potatoes
Green beans
Cake

Monday –November 16

Stuffed pork loin
Mashed potatoes
Green beans
Cake

Tuesday – November 3

Bar-B-Q pork loin
Potato salad
Baked beans
Peach cobbler

Tuesday – November 10

Chicken enchilada
Spanish rice
Guacamole salad
Tortilla chips & salsa
Apple crisp

Tuesday – November 17

Bar-B-Q beef sandwiches
Potato salad
Baked beans
Orange smiles
Cookies

Wednesday –November 4

Seasoned baked chicken
Peas
Red potatoes
Cherry Fluff

Wednesday – November 11

Reduced meal price -\$3.00
And FREE for Veterans
Sloppy Joes
Pasta salad
Chips
Cookies

Wednesday –November 18

Honey baked chicken
Rice pilaf
Caesar salad
Croissants
Pie

Thursday – November 5

Meaty lasagna
Chopped Italian salad
Garlic bread
Pie

Thursday – November 12

Spinach bacon quiche
Salad
Foccacia bread
Brownies

Thursday – November 19

Meaty lasagna
Tossed salad
Garlic bread
Brownies

Friday –November 6

Parmesan tilapia
Brown rice
Mixed vegetables
Brownie

Friday – November 13

Baked cod
Coleslaw
Potato casserole
Pie

Friday – November 20

Tuna pot pie
Mixed vegetables
Fruited spinach salad
Fruited pudding

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Monday – November 23

Swiss steak
Mashed potatoes
Corn
Salad and bread
Cookies

Monday – November 30

Chicken fried steak
Mashed potatoes
Gravy
Peas and carrots
Biscuits
Cookies

Tuesday – November 24

Thanksgiving Feast

Advance tickets required

Roast turkey with all the fixings
\$6.50 member
\$8.50 non-member

Wednesday – November 25

Chicken marinara
Fettuccini
Vegetable ratatouille
Rolls
Spiced apples

Thursday – November 26

CLOSED - Thanksgiving

Friday – November 27

CLOSED