

Estes Park Senior Center Menus

February 2010

586-2996

Menus Subject to Change

Lunch reservations requested by 1:00 p.m. one day (or more) in advance

Please don't hesitate to call: *Same day and drop in reservations will be accommodated as available*

Senior Center members (any age) = \$4.50 / Non-members (any age) = \$6.50 / Take-out (to-go) lunches

Monday February 1

Hot hero sandwiches
Baked potato salad
Five-in-one salad
Cookies

Tuesday – February 2

Seasoned baked chicken
Red potatoes
Green beans
Cake

Wednesday –February 3

Cheeseburgers
Lettuce and tomato
Vegetable salad
Brownies

Thursday – February 4

Sweet and sour pork
Noodles
Stir fry veggies
Pie

Friday –February 5

Fish and chips
Coleslaw
Tomato and cucumbers
Cookies

Monday –February 8

Stuffed peppers
Corn
Salad
Rye bread
Cookies

Tuesday – February 9

Chicken fried steak
Mashed potatoes and gravy
Corn
Salad
Cake

Wednesday – February 10

Chicken and dumplings
Mixed vegetables
Fruit salad
Cobbler

Thursday – February 11

Spinach bacon quiche
Jello salad
Garden salad
Brownies

Friday – February 12

Valentine's luncheon
Chicken Cordon Bleu
\$6.50 members /\$8.50 non-
members

Monday –February 15

Sloppy Joes
Macaroni and cheese
Garden salad
Cookies

Tuesday – February 16

Vegetable beef stew in
a bread bowl
Fresh fruit salad
Cake

Wednesday –February 17

BBQ pork ribs
Baked beans
Potato salad
Carrots and celery
Fruit crisp

Thursday – February 18

Baked ham
Au gratin potatoes
Green beans
Tossed salad
Peach cobbler

Friday – February 19

Tuna pot pie
Mixed vegetables
Fruited spinach salad
Brownies

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Monday – February 22

Turkey and bacon wraps

Pasta salad

Fruit salad

Cookies

Tuesday – February 23

Stuffed pork loin

Mashed potatoes and gravy

Vegetable medley

Cake

Wednesday –February 24

Chicken enchilada

Spanish rice

Guacamole salad

Chps and salsa

Apple crisp

Thursday –February 25

Stan's snowflake meatballs

Spaghetti

Tossed salad

Garlic bread

Brownies

Friday – February 26

Baked cod

Coleslaw

Potato casserole

Pie